

DRIVES RESULTS: WORKSHEET

QUICK GUIDE

1. *SEE* → *What's actually slowing momentum?*
2. *SHIFT* → *Where are we stuck in "why"?*
3. *SOLVE* → *What practical move creates momentum?*
4. *SUSTAIN* → *How do we keep momentum alive?*

WORKSHEET

Define the Situation

What situation needs movement right now?

Where does it feel stuck?

Why does it matter?

What would progress look like?

The situation we are working on:

SEE: What's Actually Slowing Momentum?

Momentum Blockers

Circle or highlight the blockers showing up most strongly:

PRIORITY

too many priorities • shifting focus • reactive environment • confusion

OWNERSHIP

waiting • finger pointing • unclear ownership • inconsistent follow-through

ENERGY

negativity • frustration • disengagement • emotional fatigue • “just enough”

OBSTACLES

systems • approvals • staffing • policy • difficult people • communication breakdowns

CONVERSATIONS

avoidance • unresolved tension • circling issues • passive frustration • lack of accountability

Questions

Which blocker is MOST affecting momentum right now?

Why?

Which blocker is within your influence?

What are you most tempted to blame instead of address?

What conversation may need to happen that isn't happening?

The real thing slowing momentum may be:

SHIFT: From Why to How

What “why” conversations keep surfacing?

What frustrations are emotionally parking people?

Rewrite one “why” statement into a “how” question:

WHY:

HOW:

Which question creates the most ownership and movement?

The shift we most need to make is:

SOLVE – Create Practical Movement

MOVE 1: CLARIFY

What matters most right now?

What outcome are we trying to create?

What is the real priority over the next 30–60 days?

The priority is:

MOVE 2: ACT

What is good enough to responsibly move this forward?

What is one practical move that creates momentum?

What conversation needs to happen?

What decision needs to be made?

What can we influence right now?

The next meaningful move is:

MOVE 3: FOLLOW THROUGH

How do we keep momentum alive?

Who owns the next step?

What follow-up is needed?

How will we maintain visibility?

When will we check progress?

The follow-through plan is:

SUSTAIN – Keep Momentum Alive

What will try to pull this backward again?

What usually causes momentum to fade in your environment?

What can leaders do BEFORE momentum drops?

The biggest “sustain” risk is:

One thing we must reinforce consistently is: